

BRIEF COMMENTARY

Consumption of bakery products and cereals has changed considerably since 2006. In 2007 there was a sharp increase in wheat flour (6.5 kg - 7.1 per cent) and rye flour (2.4 kg - 30.4 per cent) consumption, whilst rice consumption fell by 0.3 kg (5.8 per cent). Bread consumption was by 0.3 kg higher than in 2006 and we consumed more wheat bakery products (by 2.8 kg - 6.2 per cent), more gingerbread, biscuits, and crackers (by 0.2 kg) and more pasta (by 1.0 kg - 15.4 per cent).

Consumption of meat in terms of "with-the-bones" weight also increased in 2007 (by 0.9 kg - 1.1 per cent). This rise was caused by higher consumption of pork (by 1.3 kg - 3.2 per cent), beef (by 0.4 kg - 3.8 per cent) and game (by 0.3 kg - 60 per cent). On the other hand, there was a decrease in consumption of poultry (by 1.0 kg - 3.9 per cent).

Consumption of milk and dairy products in terms of milk amount increased by 5.2 kg (2.2 per cent). There was a rise in cheese and pot cheese consumption (by 0.3 kg and 0.1 kg, respectively). Consumption of commodities classified as other milk-based products also underwent an increase (by 0.6 kg), whereas milk consumption went down by 1.5 kg.

Consumption of oils and fats as opposed to the previous year did not change much in 2007. A small overall decrease was recorded (by 0.4 kg - 1.6 per cent) and a downward trend was found out with butter (which went down by 0.2 kg - 4.5 per cent) and edible vegetable fats and oils (by 0.2 kg).

Consumption of fruits in terms of fresh produce decreased by 2.7 kg (3.1 per cent). The largest contributor to this decrease was the falling consumption of apples, plums, apricots and peaches. Subtropical and tropical fruit consumption went up by 2.0 kg, viz 6.3 per cent.

Consumption of vegetables in terms of fresh produce as opposed to 2006 increased by 1.3 kg (1.6 per cent). The main contributor to this increase was the rising consumption of onion, carrot and celeriac; consumption of cucumbers, green peppers and watermelons, on the other hand, went down.